

Dr. Glenna Calder ND  
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(902) 787-3380  
info@drglennacalder.ca

## ♥Pediatric Intake Form♥

Thank you for taking the time to fill out this form for your child. As an ND, I integrate the unique physical and emotional aspects of your child into his/her treatment program, and the information obtained in this form is of great importance in understanding your child's overall health and well-being. Any questions you may have will be addressed on the first visit.

♥Child's full name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex? (M/F) \_\_\_\_\_  
♥ Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Phone \_\_\_\_\_ Email address \_\_\_\_\_  
♥Full name of Mother/Guardian \_\_\_\_\_ Phone (H) \_\_\_\_\_  
Occupation & Location \_\_\_\_\_ Phone(W) \_\_\_\_\_ Fax \_\_\_\_\_  
♥Full name of Father/Guardian \_\_\_\_\_ Phone (H) \_\_\_\_\_  
Occupation & Location \_\_\_\_\_ Phone(W) \_\_\_\_\_ Fax \_\_\_\_\_  
♥Marital status of parents \_\_\_\_\_  
♥Please indicate any special living arrangements your child may have \_\_\_\_\_  
♥Emergency Contact/Number \_\_\_\_\_ Emergency Contact/Number \_\_\_\_\_  
♥Names of siblings & ages \_\_\_\_\_  
♥Family Physician \_\_\_\_\_ Other Health Care Practitioners \_\_\_\_\_  
♥How did you hear about this clinic? \_\_\_\_\_

### Health Concerns (in order of importance)?

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

### Medical History

Date of last physical exam \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Type \_\_\_\_\_  
Hours of sleep per night? \_\_\_\_\_ Bedtime? \_\_\_\_\_ Sleeping problems? \_\_\_\_\_  
Current Medications and Dosages (including over the counter) \_\_\_\_\_

#### Past Medications

How many times has your child been treated with antibiotics? \_\_\_\_\_  
Current Vitamins, Minerals, Supplements or Herbal products and Dosages \_\_\_\_\_

Does your child have any allergies? \_\_\_\_\_ To what? \_\_\_\_\_

Does your child experience frequent colds and/or flues (now or in the past)? \_\_\_\_\_

Has your child had X-rays? \_\_\_\_\_ If so, when and why? \_\_\_\_\_

Has your child had labwork or other medical testing in the last year? \_\_\_\_\_ List and explain \_\_\_\_\_

Please circle which of the following diseases your child has had: *Measles German Measles Chicken Pox Mumps*  
*Whooping Cough Strep throat Impetigo Scarlet Fever Mononucleosis Other* \_\_\_\_\_

Please circle which vaccinations your child has had: *Tetanus Pertussis Diphtheria Polio Measles Mumps Rubella*  
*Varicella Hepatitis B Influenza Other* \_\_\_\_\_

Please note any reactions to these vaccinations (fever, etc) \_\_\_\_\_

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**Medical History Continued**

Event	Age	Event	Age
1.		2.	
3.		4.	
5.		6.	

Age of mother at conception \_\_\_\_\_ Mother's health at the time (please circle) *Excellent Good Fair Poor*

Medications taken at conception and during the pregnancy (prescription and over-the-counter) \_\_\_\_\_

Vitamins/Supplements/Herbs taken at conception and during pregnancy \_\_\_\_\_

Was this a particularly emotional time for the mother? (Explain) \_\_\_\_\_

Please circle which of the following the mother experienced during the pregnancy: *Nausea Vomiting Bleeding Diabetes Thyroid Problems High Blood Pressure Pre-Eclampsia Eclampsia Physical Trauma Emotional Trauma Other* \_\_\_\_\_

Were cigarettes, alcohol or recreational drugs used? \_\_\_\_\_ Which/How often? \_\_\_\_\_

**•Biological Father** (where possible)

Age of father at conception \_\_\_\_\_ Father's health at the time (please circle) *Excellent Good Fair Poor*

Medications/Supplements taken by the father at the time of conception \_\_\_\_\_

Was this a particularly emotional time for the father? (Explain) \_\_\_\_\_

**Labour History**

Place of Birth \_\_\_\_\_ Vaginal Delivery or C-Section? \_\_\_\_\_ Length of Labour \_\_\_\_\_

Was the pregnancy (please circle): *Full term Premature Past term* Were there any complications? \_\_\_\_\_

Were any medications/interventions used? (ie pitosin, forceps, etc) \_\_\_\_\_

**Neonatal History**

Weight \_\_\_\_\_ Length \_\_\_\_\_ APGAR scores \_\_\_\_\_ Any concerns at birth? \_\_\_\_\_

Was this child breast-fed? \_\_\_\_\_ Until what age? \_\_\_\_\_ If no, what formula was given? \_\_\_\_\_

Were there any feeding problems? \_\_\_\_\_ Were solid foods given before 6 months of age? \_\_\_\_\_

Please indicate the approximate age at which the following were introduced: *Formula & Type* \_\_\_\_\_

*Fruit* \_\_\_\_\_ *Vegetables* \_\_\_\_\_ *Soy* \_\_\_\_\_ *Milk* \_\_\_\_\_ *Eggs* \_\_\_\_\_ *Wheat* \_\_\_\_\_ *Meat* \_\_\_\_\_

Please explain any adverse reactions \_\_\_\_\_

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### Nutritional Habits

Please describe a typical day's diet for your child:

Breakfast \_\_\_\_\_

Lunch \_\_\_\_\_

Dinner \_\_\_\_\_

Snacks \_\_\_\_\_

Beverages \_\_\_\_\_

Please list your child's favorite foods \_\_\_\_\_

### Development and Social Interaction

Do you feel that your child was delayed in reaching any of the following milestones (please circle)? *Holding head Smiling*

*Rolling over Sleeping through the night Sitting Crawling Speaking Walking Toilet Training Reading Writing*

Do you feel that this child is growing at an acceptable rate physically, mentally, and emotionally? (Explain) \_\_\_\_\_

Has your child ever been evaluated for (please circle) *Hearing Speech Language Other* Explain \_\_\_\_\_

How would you describe your child's academic achievement? \_\_\_\_\_

How would you describe your child's social interaction with peers? \_\_\_\_\_

How would you describe your child's temperament? \_\_\_\_\_

Does your child throw tantrums or have any destructive or odd interests which concern you? (Explain) \_\_\_\_\_

Does your child suffer from any of the following (please circle) *Nightmares Daydreaming Nervousness Moodiness*

*Unusual Fears Easy crying Separation anxiety Sleepwalking Hyperactivity Memory loss Fainting Seizures*

Explain \_\_\_\_\_

Has this child ever been a victim of mental, emotional, physical or sexual abuse? \_\_\_\_\_

Explain \_\_\_\_\_

### Environment

Are there any pets in the child's home? \_\_\_\_\_ Does he/she have seasonal allergies? \_\_\_\_\_

Is he/she affected by any of the following? (Please circle) *Perfumes Molds Trees Grasses Weeds Molds Dust Animals*

Does anyone smoke inside the child's home? \_\_\_\_\_

Does your child live/sleep in a basement? \_\_\_\_\_ Near a farm? \_\_\_\_\_ On a farm? \_\_\_\_\_

Approximately what year was your child's home/ dwelling built? \_\_\_\_\_ How is it heated? \_\_\_\_\_

Do you use chemicals on your lawn/garden? \_\_\_\_\_ What is your source of drinking water? \_\_\_\_\_

Is your child exposed to any chemicals/hazardous materials on a daily basis? \_\_\_\_\_

Can you think of anything in your child's home/school environment which might adversely affect his/her health (Explain) \_\_\_\_\_

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**Family Medical History: Please check the appropriate box if any family members have had the following conditions**

	Mother	Father	Sister/Brother	Grandparents	Other Relative
Autoimmune Disease (Lupus, etc)					
Alcoholism					
Allergies/Asthma					
Anemia					
Arthritis					
Cancer					
Depression/Mood swings					
Diabetes					
Eczema/Psoriasis					
Epilepsy					
Heart Disease					
Hyperactivity					
Kidney Disease					
Learning Disability					
Psychological Disorder					
Other					

**Is there anything else that you feel I should know about your child? Please comment.**

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